

REGENT'S NEWSLETTER

PUBLISHED 04.05.2012

SECONDARY





JOHN ROLFE HEAD OF SECONDARY

NOT JUST FOR THE CHILDREN

Earlier this week we were lucky enough to have guest speaker Matt Friedman, Regional project Manager for the United Nations, in School, talking to our students about Human Trafficking. Matt's presentation to the KS3 students on Wednesday afternoon was interesting and informative and, in places, very sad. Afterwards I reflected that our students were extremely lucky to have this type of opportunity. Memories of speakers

in my school days are almost non-existent, but I suspected Matt with his delivery and startling content would be remembered by our students for many years to come.

Matt presented again to older students and parents in the evening. This was an ideal opportunity for shared learning between parents and students and the few parents that were there, with their children, I am sure, valued that experience.

These opportunities, under Mr Crouch's direction, will continue and so I do hope that we can encourage more parents to attend in the future.

John Rolfe



THE REGENT'S SCHOOL, PATTAYA, 33/3 MOO 1, PONG, BANGLAMUNG, CHONBURI 20150, THAILAND TEL: +66 (0) 38 418777, FAX: +66 (0) 38 418778, ENQUIRY@REGENTS.AC.TH, WWW.REGENTS.AC.TH



CALENDAR

IMPORTANT DATES: MAY

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Assembly (Talent Show) IT IGCSE Practical	2 Y9 Parents' Evening –17:30 (Options Presentation) Matt Friedmann pre- sents—human Trafficking	3 Activities begin	4 IGCSE Study Leave begins- 15:30 Amnesty 12 hr letter writ- ing Marathon	5	6
7 ←	8 Assembly (PE)	First Aid Training	10	11 →	12	13 Picnic in the Park (pm)
14 Parents and Friends Meeting (08:45) ←	15 Assembly (Dra)	16 Year 8 Koh Chang R and G	17	18 Year 9 Geography Trip →	19	20 Camillian Beach Day 09:00—17:00
21 ←	22 Assembly (ESL) GCSE Recital (After School)	23 Year 8 Koh Chang Y and B CfBT Inspection	24 Y13 Graduation (14:00) Y6 Parents' Meeting →	25 Pattaya to Parkhead Challenge (16:00)	26 Senior Formal (18:00—22:00)	27
28 Y6 Transition ←	29 Assembly (Eng) Y6 Transition KS3 recital (After school)	30 English Week	31 →			

ORGANIC FARMING

BY HUGH JENKINS

CAS PROJECT AND ORGANIC FARMING

At the start of Year 12 a few of us decided that we would like to become involved in the GoldFish Garden that was just starting up. Myself, Boss Sutheissariyakun and Harry Mun thought we could make our participation in the garden an after-school activity; our CAS project for the year as the garden offered us opportunities to be Creative, do Action and also be of Service. We started in the first term and have learnt a lot about setting up a vegetable garden in school! We have found that it's rather hard work being a gardener and that there are quite a lot of vegetables that are very delicious to the numerous bugs and pests that infiltrate the garden. We've had some success with herbs such as dill and basil and our first crop of tomatoes was also plentiful. Our chilli plants are going well but the garlic and eggplant are not. It's important that we try and stay organic as we believe that food which is grown without having been sprayed with pesticides, or even 'organic' pesticides, is better for us.

We heard through Regent's Eco Committee of an organic farm in Nakhon Ratchasima province that was supplying vegetables to an international school in Bangkok. A visit was planned and Boss and I, along with two teachers and three Thai admin staff, left early last Saturday for the five hour journey to the farm. The business is called Adams Organic and we were fortunate to be able to meet with one

of the managers, Tim Chung, whose family owns the business. We met Tim and his wife at a restaurant about 11km from the farm where we were told the history of the farm. Adams Organic has been established for 2 years though the farm has been around for over 10 years growing organic vegetable seeds prior to fresh vegetable production. The parent company Adams Enterprises Ltd, has been operating in Thailand as a vegetable seeds producer since the 80s. It was started by Tim's grandfather, and now is looked after by Tim's uncle. The mission of Adams Organic is to promote the organic lifestyle to the public as well as promoting organic/sustainable farming practice to local farmers. The farm we visited is about 70rai in total but we were told that at the moment they may only be utilizing half of the fields for production. We set off in our minibus with Tim and his wife to the farm and were met by Khun Sophon who is the local manager of the

farm. He gave us a very extensive tour of the farm, showing us the processes they use to grow the seedlings in their greenhouses as well as composting and measures and tips on how to keep insects and other pests away from the plants. There were about 10-15 workers doing the field work and another 10 or so helping with the cleaning and packing of vegetables. At this farm they were growing butternut squash, varieties of tomatoes and lettuces. We also saw the workers packing cabbages that had been brought from one of their farms in Laos. Adams Organic vegetables are sold in Pattaya at Foodland but also in other supermarkets in Bangkok. We had a very enjoyable and interesting day and hope we can implement some of the ideas we learnt about and the advice we were given at Adams Organic, in the GoldFish Garden. On our way home we were able to stop at Chokchai Farm for some delicious ice cream!



EXCHANGE UPDATES

REGENT'S STUDENTS AROUND THE WORLD

The Regent's School students are lucky to have many opportunities to go on an Exchange programme around the world every year. It is always great to hear back from out students and hear about their experiences. This week we are glad to share stories from Josh at Alice Springs, Australia and Juste in India.

Josh is currently on exchange in Alice Springs, Australia. Here is Josh's reflection so far:

Exchange is definitely something I will never regret. Entering a different country and learning about their past, present and possibly even future is something that is truly unforgettable. Exchange is like growing a tree, it all starts with one idea, going on exchange, a tree starts with a seed, an idea.. That then leads to another idea, hence a branch. Maybe, meeting some friends, that leads to another branch, learning about their family

and so on until you reach the leaves, which is your reflection on what you have experienced. So far, my branches are still growing, friends are still being made, I am still learning things about the country and how it works, not to mention how the school works as well! But, when my first branch of exchange popped up in my mind, I instantly thought of waking up in the morning to see kangaroos jumping past my window, out of pure disbelief, I woke up yesterday to see three young kangaroos jumping past on an early-morning stroll. How amazing! The relationships so far in my Australian experience are

growing. People from all over Australia are coming to this school, some from other countries as well! But what amazed me, is that a student I met in a Bangladesh conference, is currently on exchange at the same school I am on exchange to. Proving many people's point that the world is small, and even though you may think you will never see someone again, it is the moment that you least expect them to pop up that they do and this fact is really special...

Josh's photos to come.

Photos below: India Exchange



EXCHANGE UPDATES

EXCHANGE ADVENTURES IN 'INCREDIBLE INDIA'

Just before the Songkran holiday two Regent's students, Juste Raipaste and Skirmante Grigaite, were lucky enough to embark on an exciting exchange adventure in India. Skirmante attended the Dhirubhai Ambani (DAIS) school in Mumbai and was able to gain further IB experience by participating in the school's Group Four project work in Jamnagar. Skirmante reports: 'I would wish for all students to use this opportunity and don't be afraid to leave your comfort zone to open your horizons and explore new life perspectives'. Juste attended the Punjab Public School: here is a short reflection on her trip so far:

"Incredible India". This is what my friend told me before I left. But how can a country where there are so many starving people, where the crime rate is one of the highest in the world, be 'incredible' I thought? I just couldn't believe in his words. But the truth is that you can never predict your future, can you? I was so wrong about many things - actually about everything.

The first day of school was different to anything I could have expected. I felt like I had two heads or that I was from another planet as everyone was staring at me. I was introduced to so many people, whose names I couldn't remember because they were so difficult and long. Also, there were so many rules which for me seemed really weird and diverse from my school like having lessons even on Saturdays; assembly every single day and (the

most difficult one for me) not being able to talk in the morning. Everything was so confusing but at the same time interesting. Every day I found out something new about the school, culture and people. And now I know why people call it Incredible India.

On the way to Nabhal, for the first time in my life, I tried "kulfi" – a weird looking ice cream made from milk. At first I was so scared to try: "It may be spicy. This nation eats everything which is spicy" and after I tried it I was so disappointed in myself (it was the first and definitely not the last time). During all my stay here all the food was amazing (and it was a huge surprise for me). I liked everything: different tastes of dal, roti and sabzi, but the most perfect things

in this land are SWEETS. I've always wanted to see and explore a bit of Indian history. And I got a chance! One early Sunday morning I and my host family went to Amritsar – an old and important seat of Sikh history and culture. The most fascinating object there is a Golden Temple. The whole temple is covered with gold and jewels and it is surrounded by water on three sides. There is a magical spirit here, because when you come inside you feel so free from everything that was on your shoulders in the morning; you feel safe and happy. I think this is one of the most worth-seeing sites in India, and it makes you feel the enchanted and unaccountable spirit of India.



CONFERENCE

BY CHAMPAGNE, MEGAN, ANITA AND ZULKEE

RS CONFERENCE IN KENYA

On the 28th of March Regent's Student delegates were packed and ready to depart for the Round Square International Conference at Brookhouse International School in Nairobi, Kenya. However, at the airport we encountered a slight problem. Our flight was to be delayed by 23 hours. Despite the rough start we finally arrived at Staraehe Boys Centre in Nairobi where we would be staying with another Round Square school from Canada, The Glenlyon Norfolk School,

until the start of the conference as a pre-conference project. The Staraehe Boys Centre is a school that offers poor Kenyan boys with exceptional educational talent the chance to study and become confident leaders. More than 1,000 boys are sponsored to go there to study. The reception at Staraehe was amazing. I never imagined that I would feel so welcome in a foreign country. The boys and the staff there welcomed us with open arms. During

our time at Staraehe there was never a dull moment. They took us on a tour of their school; we met some of their community partners and spent some time sight seeing. On the fourth day, it was the adventure day and we went to the Great Rift Valley where we did a "small" hike. However, when we got up to the top, the view was amazing and all the hard work paid off. My highlight was definitely meeting the children at the local primary school and getting to know everyone at Staraehe. We



also got to know the delegates from Glenlyon Norfolk School really well before the conference started.

Before we knew it we were packing our bags again and moving on to join the conference at Brookhouse School on the other side of Nairobi. We were all very sad to leave Staraehe as we all enjoyed our time there very much and one day we all hope to visit them again.

The conference itself was an unforgettable week jam-packed with barazza sessions, service activities,

keynote speakers and of course plenty of socialising. The theme of the conference was: 'No existence without co-existence'. The speakers and panel really explored the main issues facing both Kenya and Africa politically, environmentally and socially, and we had plenty to talk about in our barazza discussion groups.

Going to the conference and meeting everyone with the same passion was also brilliant, it was nice meeting the people of Kenya and experiencing

their culture and helping out in their communities. It is always uplifting to see how kind, open and caring people are, the little kids that shared their snacks with me on the service day touched me - we knew they had so little yet they were so willing to share.

Africa... "CNN makes it sound much worse off than it is." A quote from a girl at the conference, and I absolutely agree with her. It wasn't anything like I portrayed it to be. I would definitely say it was a new experience and what I learned from the conference will be something I will always put to use in my life.

Although there were a few complaints about the early starts I can confidently say that we all thoroughly enjoyed our time at the conference. The Kenyan music and dance was especially colourful and inspiring. I would like to encourage everyone to attend a Round Square Conference because it is the opportunity of a lifetime. Lastly, I would like to thank everyone on behalf of all the other delegates who made this trip possible and to everyone who supported us. Thank you.

BADMINTON CLUB

Many of our students enjoy playing badminton during lessons and in after school activities. Badminton is a great game to play as you don't need to be a member of a team and it's a game that can easily be played later in life and

is a fun and effective workout. Planet football on the Soi Siam Country Club road has a great indoor sports hall and quality badminton surface. They are promoting badminton this month with a fantastic offer of only 120baht per person, you can stay and play for as long as you want. Please see the advertisement for further information.

PlanetFootball **BADMINTON CLUB**

MAY
PROMOTION
OPEN COURT
120 Baht
per player

Tuesday : 9am - Midnight
Wednesday : 9am - Midnight
Thursday : 9am - 5pm

STARTS : Tuesday 1ST MAY **ENDS : Thursday 31ST MAY**

TO MAKE A BOOKING TELEPHONE : 038 248 212
OR CONTACT - JOHN : 085 157 5186. MARK : 089 094 4205

PE UPDATES

Pattaya to Parkhead Friday 25th May 4pm until 8pm. This year the PE department's annual Round Square event won't be Pattaya to Phi Phi or even Pattaya to Peru. It will be Pattaya to Parkhead! For those of you not familiar with Parkhead it is the home ground of Celtic football club in Glasgow Scotland. We are challenging you to cover the 9739km distance from Pattaya to Parkhead in support of one of our Community Partners who I'm sure you have all heard sing, 'I just can't get enough'. The Good Child Foundation runs a very special school in the Chanthaburi province of Thailand that has challenged traditional thoughts on inclusive education in an area of rural Thailand by offering placements to children of

all ages and abilities, including pupils with Downs Syndrome. The Good Child Foundation's students are from rural Thai backgrounds. About 70 per cent of the students' parents are rubber plantation workers. The remainders are farm labourers and construction workers. A good education is the best chance for these students to escape a life struggling to survive on a low income.

The PE department is challenging you to push yourself to your limits and cover as many kilometers as possible in 4 hours. You can;

Swim – Every 25m will count as 100m

Cycle

Run

Skateboard

Rollerblade - pretty much anything that is propelled by you. You can enter as a team with a maximum of 6 members, as a family or as a soloist. There will be prizes for the furthest distance covered in the different categories and as always a special prize for the best fancy dress. During the event you will be entertained by our talented Regent's DJ's and may even get to hear the Thai

Tims sing! You will be able to register your team starting next week and you will also be able to order a t-shirt for the event. More detailed information and registration sheets will be emailed out to all parents next week. I hope to see you on the start line!

Annual Sports Dinner

This year the Sports dinner will be held in the evening at The Pullman hotel on Saturday the 9th June. It's an opportunity for us to get together and celebrate the many sporting successes this year and reward the individuals who have really gone that extra mile, hugely improved or demonstrated outstanding ability and commitment to sport. This year we will also be announcing and introducing to you one boy and one girl from each year group who will have earned their place on the new Regent's Sports Council. Letters of invitation for the Sports Dinner will be sent out shortly and all students who have represented The Regent's School at sport will be invited to attend along with their families.



pattaya to parkhead
challenge '12

REGENT'S PRESENTS MATTHEW FRIEDMAN

On Wednesday 2nd May, The Regent's School added yet another prestigious event to its ever-growing list of attractions. The Regent's Presents – our free version of the famed TED talks – was inaugurated in true style with a presentation from Mr. Matthew Friedman, The Regional Project Manager for the United Nations Inter-Agency Project on Human Trafficking (UNIAP).

At seven o'clock a variety audience of senior students, teachers, parents and visitors from other schools filed into the Globe Theatre for an informative evening on the issue of human trafficking. Despite the gruesome nature of the problem, the night was a treat; everyone found themselves bound by Mr. Friedman's passionate presentation and undoubtedly affected by the stories he had to tell of his vast experience both working with victims and campaigning for the issue across the globe. This was evidenced by the number of questions asked at the end of the lecture, all of which Mr. Friedman answered with the ease of a person who really knows what he is working for.

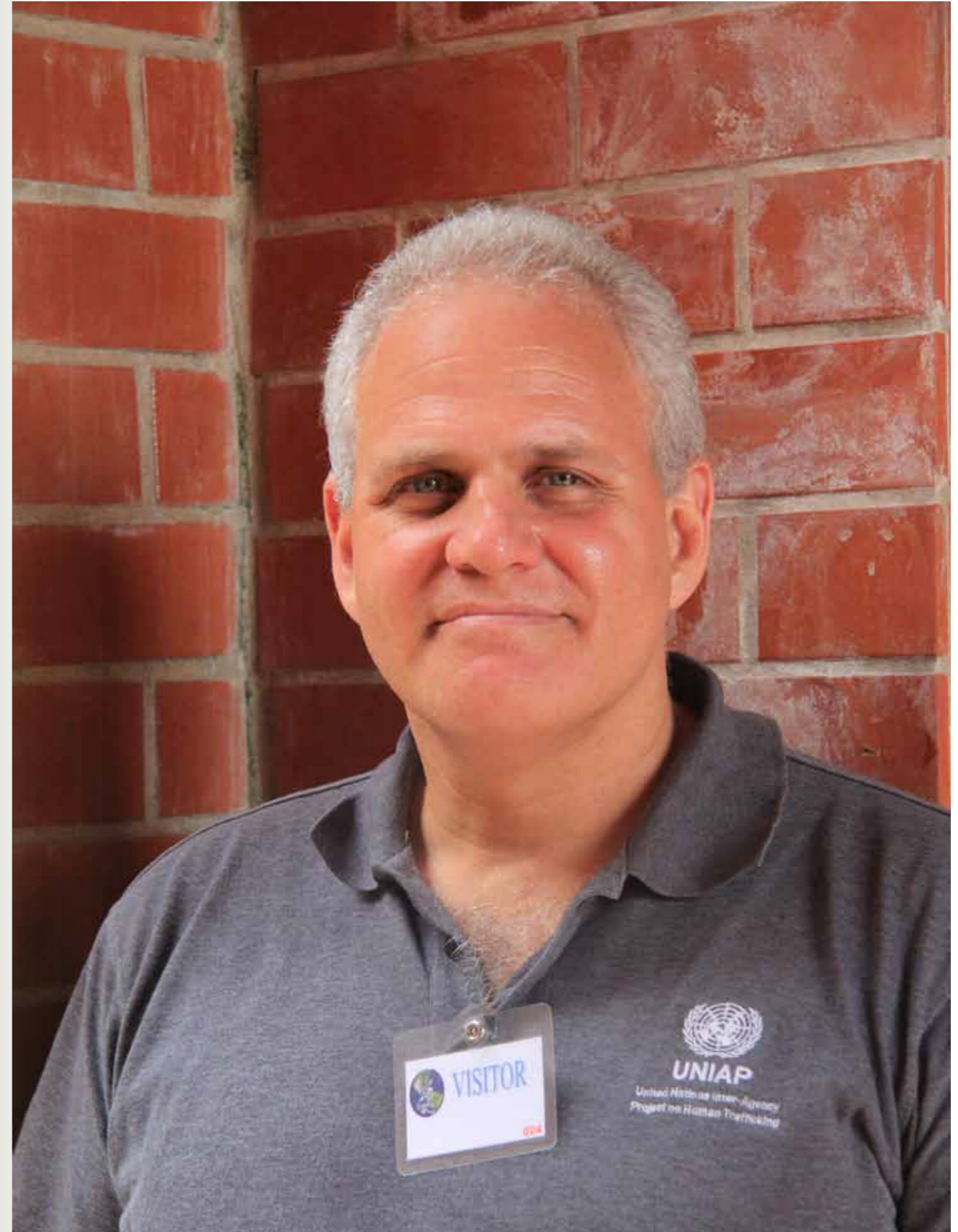
The problem of human trafficking is very prominent around this end of the world and the presentation was well tailored to Thailand, informing of the appearance of the issue locally and encouraging people to keep their eyes open. Certainly, many facts were revealed that the audience would have found surprising; for example, as Mr.

Friedman pointed out, when people think about human trafficking they think about women and girls forced into the sex trade, but in reality this only makes up about 20% of the matter. Much of what is human trafficking involves a great deal of deception and unfulfilled promises of work, causing people to follow traffickers freely onto boats or guarded warehouses where they find themselves unable to leave, working constantly for no pay and in fear of the enforcers that keep them there for years at a time. As Mr. Friedman said with resolution – human trafficking is the process of getting these people to such places, but what it leads to is slavery. Part of the issue is that people hide it behind technical terms that draw no emotive response but "if something looks and smells and tastes like slavery, let's call it what it is." Indeed, many of the audience approached him in the end, wanting to know how they can help and how to get involved in a similar line of work.

Overall, the night was a successful premiere, with people leaving informed, some shocked into awareness and others into action, but surely none unaffected. According to Mr. Friedman there is a way for every person to do their part, whether it is active campaigning, reporting any suspicious activities and people in trouble, or simply being a responsible consumer and making sure the products you buy aren't being made under dubious circumstances. As he said, we are all

part of the new frontier against this issue and it is our responsibility to make sure we aren't contributing to its growth. For more information on Mr. Friedman or his cause go to www.no-trafficking.org.

The Regent's Presents will continue to bring interesting and accomplished individuals to the Globe stage to share their stories and answer any questions about their work. A big thanks to Mr. Matthew Friedman for a great start to this event; to the Student Guild for providing refreshments and snacks; and to the fantastic people who came to enjoy the presentation – we hope to see you at the next Regent's Presents in June. If you would like to recommend a presenter for a future Regent's Presents evening, please contact kpuutsa@regents.ac.th.





Let's  do it!

World Clean Up

May 20th 2012, 10.00AM

Let's clean the World together!

Join World Cleanup 2012 - the biggest cleanup action in the World! 100+ countries and millions of volunteers cleaning their countries. Thailand's Clean Up is on Sunday May 20th at 10.00 AM, Payoum Beach. Will you be there?

www.letsdoitworld.org

Picnic IN THE PART • TWO Park

WHAT? an afternoon of music, food and fun!

WHEN? Sunday, 13th May, 3pm - 7pm

WHERE? Father Ray Children's Village

WHO? featuring special guests such as Soul Band, Girl Group, Primary, GIS and more!

there will be a BBQ, raffle, lanterns and sparklers! bring along your picnic blanket, dancing shoes and singing voice!

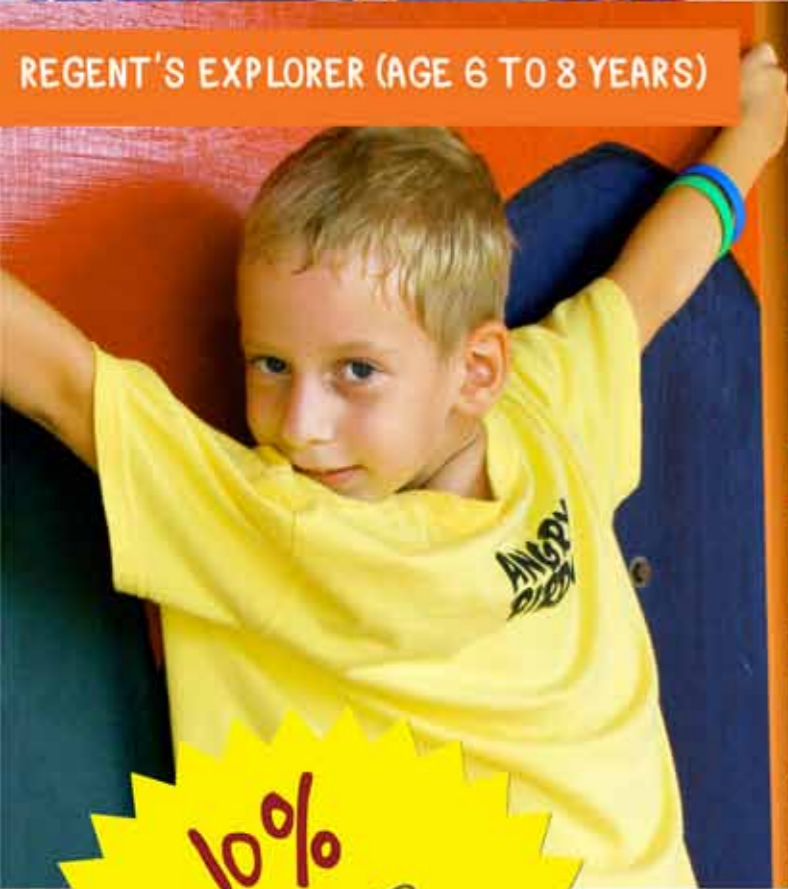
Contact: Ms. Partyka, Mr. Clarence, Dustin, Apinan, Ha Eun, Denis, Toshiki or Lara

The
Regent's
School Pattaya





REGENT'S DISCOVERY (AGE 3 TO 5 YEARS)



REGENT'S EXPLORER (AGE 6 TO 8 YEARS)



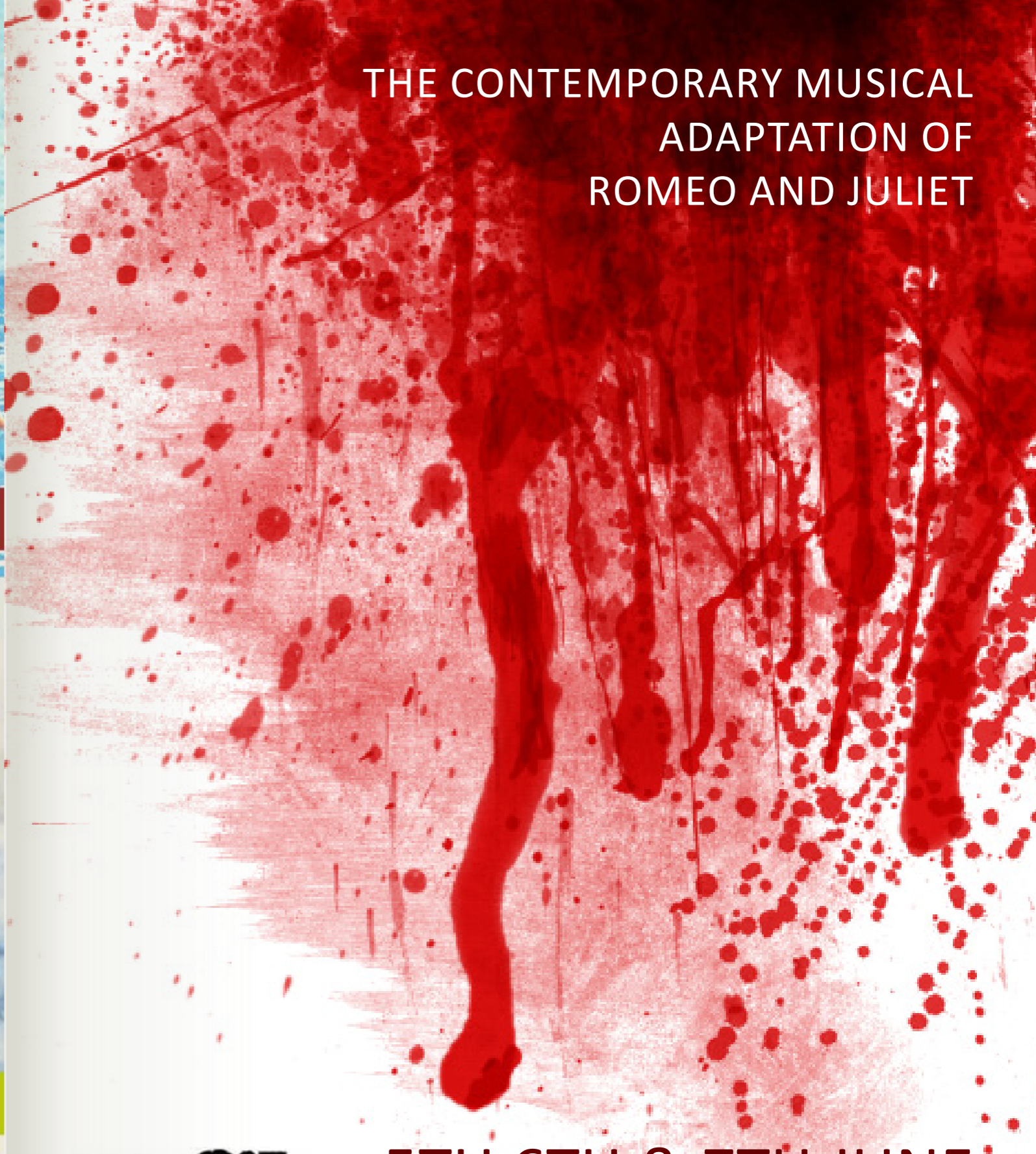
REGENT'S ADVENTURE (AGE 8 YEARS +)

10% EARLY BIRD DISCOUNT pay before 31. MAY

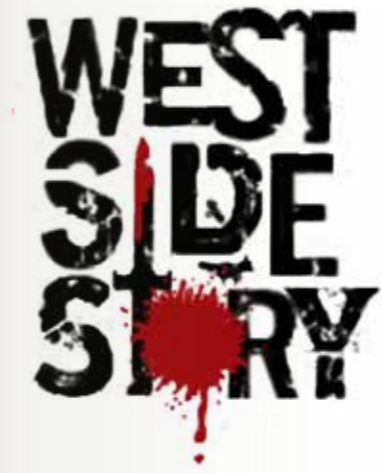
CAMP Regent's Summer 2012

25. JUNE- 13. JULY, MON - FRI 9AM - 3PM

* PLEASE CONTACT ADMISSIONS FOR MORE INFORMATION.



THE CONTEMPORARY MUSICAL ADAPTATION OF ROMEO AND JULIET



5TH 6TH & 7TH JUNE 6.30PM IN THE GLOBE

TICKETS: 150 BAHT (ADULTS) 100 BAHT (STUDENTS). AVAILABLE FROM THE FINANCE OFFICE / SECONDARY LIBRARY / SECONDARY OFFICE - AND ON THE DOOR

REGENT'S COOKBOOK
WE COOK TOGETHER

NOW AVAILABLE AT THE SECONDARY, PRIMARY
AND ROUND SQUARE OFFICE.

299 THB
ONLY



ZUMBA

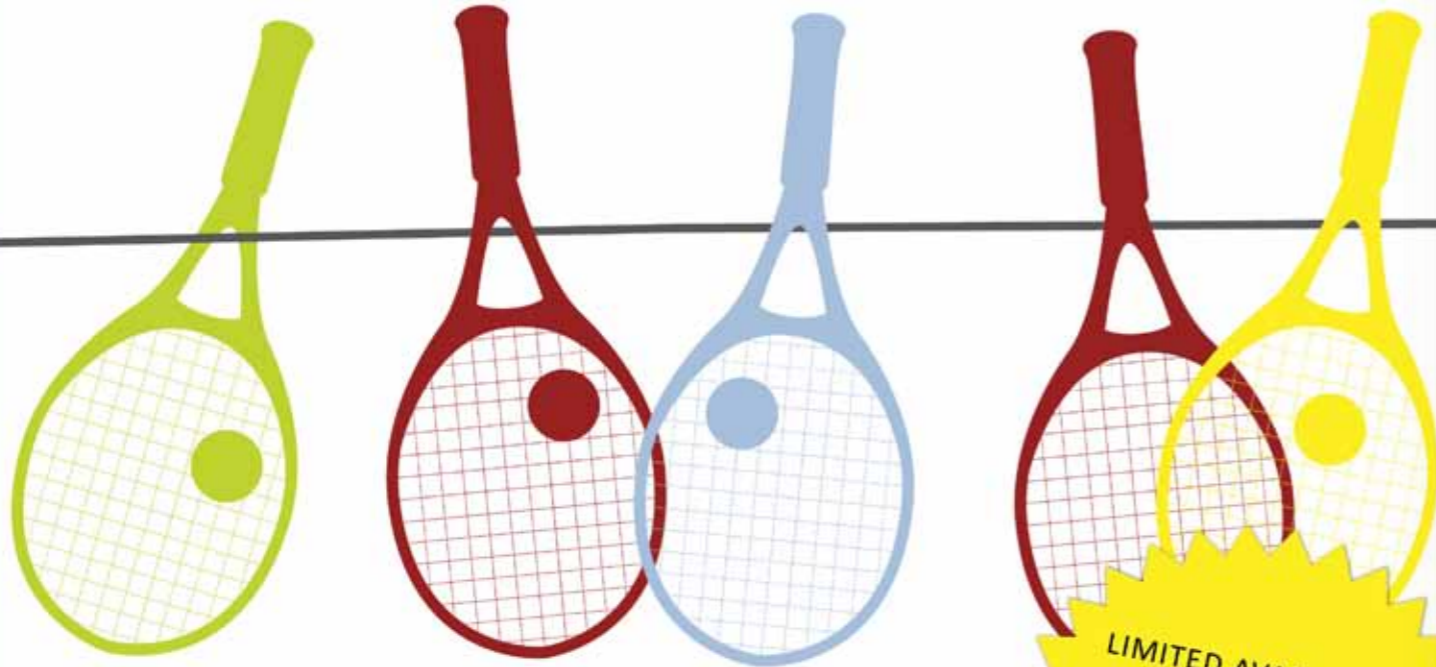
FITNESS

only
200 THB

MONDAYS 07.30 – 08.30PM Primary Dance Studio TUESDAYS 03.45 – 04.45PM
Early Years Dance Studio THURSDAYS 05.30 – 06.30PM Early Years Dance Studio

LIZ LAZENBURY Qualified Zumba Instructor - PHONE 088 683 8952

* Please remember to bring water!



REGENT'S QUICK START TENNIS ACADEMY

CONTACT MR. MADDEN QUICKLY ON PMADDEN@REGENTS.AC.TH

LIMITED AVAILABILITY!
SIGN UP QUICKLY!
6 WEEKEND SESSIONS
2 FUN TOURNAMENTS
ONLY 3000 BAHT!
* SPECIAL DISCOUNTS
AVAILABLE

only
200 THB

SIVANANDA YOGA WEEKLY OPEN CLASS

WEDNESDAYS 08.45 until 10.15AM, Dance studio, Early Years building (upstairs)
Come and join us after you have dropped your children off at school!

CONTACT: MICHELE MONGARE, SIVANANDA YOGA TEACHER (RGN)
PHONE: 0868194284, E-MAIL: SHELLYMONGARE@HOTMAIL.COM

* DON'T FORGET TO BRING: YOGA MAT, SMALL CUSHION, BLANKET FOR RELAXATION

** PROCEEDS GO TOWARDS THE USE OF ELECTRICITY AND TO THE GARUNYAWET DISABLED LADIES' HOME

